

## Hermanus Beaches

Walker Bay is known for its strong currents, which can be treacherous to the unwary, especially at spring and neap tides. The major beaches have lifeguards at peak times but it is advisable never to swim alone.

Grotto beach is the longest in Hermanus. 12km of unspoilt beach from Klein River lagoon to De Kelders. Fishing, walking and horse riding. Blue flag beach.

Voëlklip beach is about 1km closer to town and has terraced lawns.

Kammabaai (also known as Nanny's Beach and Lover's Cove) is just alongside Voelklip and is popular with surfers.

Langbaai is a secluded beach tucked away at the foot of the cliffs just off 6th Avenue.

The Marine Tidal Pool, otherwise known as Bientang se Baaigat, lies just below the Marine Hotel, and is a great place to swim or snorkel as it teems with marine life, including fairly large fish.

Sandbaai beach &ndash; to the west of Hermanus lies Sandbaai, with several little coves are particularly popular at low tide when swimming is safe. The beach is dotted with delightful rock pools full of marine creatures. It is also popular for snorkelling.

Onrus is the beach of choice for both body-boarders and surfers. Onrus beach is very popular but can be treacherous, with strong currents. Fortunately children can swim in the Onrus River lagoon, which empties into the sea on the western side of the beach. Davies's Pool in the Onrus River camp is open to campers and the public, and is unique because it is entirely 'natural'. The pool is a clear area encircled by low rocks, while completely open to the sea it remains calm and safe for swimming.

A meandering path between Sandbaai and Onrus River beach takes one past secluded coves and over rocky ledges. It should take around half an hour.

Vermont &ndash; Brekvis Bay at Vermont lies at the boundary of the Vermont Nature Reserve and provides a perfect setting for picnicking and paddling. Flanked by high dunes, the beach is sheltered and has the freshness of unspoilt beauty.